



Sheridan Technical College & Technical High School

Site-Based School Social Work Services

“Advocates who help students achieve academic success by linking the home, school, and community.”



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Welcome Back!

Welcome back to the 2021-2022 school year and it is a year of *new beginnings*! Sheridan Technical High School students are resilient and empowering. Each student has demonstrated a growth mindset by having the confidence in knowing that they can overcome life's most challenging obstacles. This is most evident by your continued diligence in reaching your academic goals and utilizing your positive support systems both within and outside of the school setting. I commend you for your strength and courage in moving forward into the new year.

Universal Student Questions

Q: Who are your school supports?

A: School Social Worker, School Counselor, Teachers, and Administrators.

Q: When do I contact them for help?

A: As soon as you have identified a problem or issue.

Q: I think I will be a bother if I ask for help?

A: Never. Students are the focus and no problem is too great or too small.

Parent Note: Site-Based School Social Work Role

As a site-based school social worker, my role is to work collaboratively with administration to partner directly with parents, students, and teachers to assist students in reaching their full potential. Through confidential consultation, I am available to assist our students and families in the following: *Crisis Intervention * Mental Health Concerns *Grief and Loss *Family Supports* Community Resources *Support Social Emotional Learning *Educational Supports

Social & Emotional Learning (SEL)

Enables students to see themselves and others in a positive light, manage emotions, set and achieve goals. Also, SEL is a support in helping students to succeed in college, career and life by being responsible citizens, and decision makers (*Collaborative for Academic Social and Emotional Learning., 2020*)

Self-Awareness: The first out of five competencies that will be utilized in helping our students understand one’s own emotions, thoughts, values, and how they influence behavior across settings (*Collaborative for Academic Social and Emotional Learning., 2020*).

SEL Competencies:



After Hours Crisis Supports:

- * First Call for Help – Dial 211
- * Broward County Public Schools Mental Health Hotline 754-321-HELP (4357)
- * National Suicide Prevention Lifeline 1-800-273-TALK (8255)
- * For Immediate Assistance – Dial 911